
THE HEART MAGAZINE

Shopping from The Heart

THE NEW SPRING TRENDS

KEY PIECES TO SUIT YOU

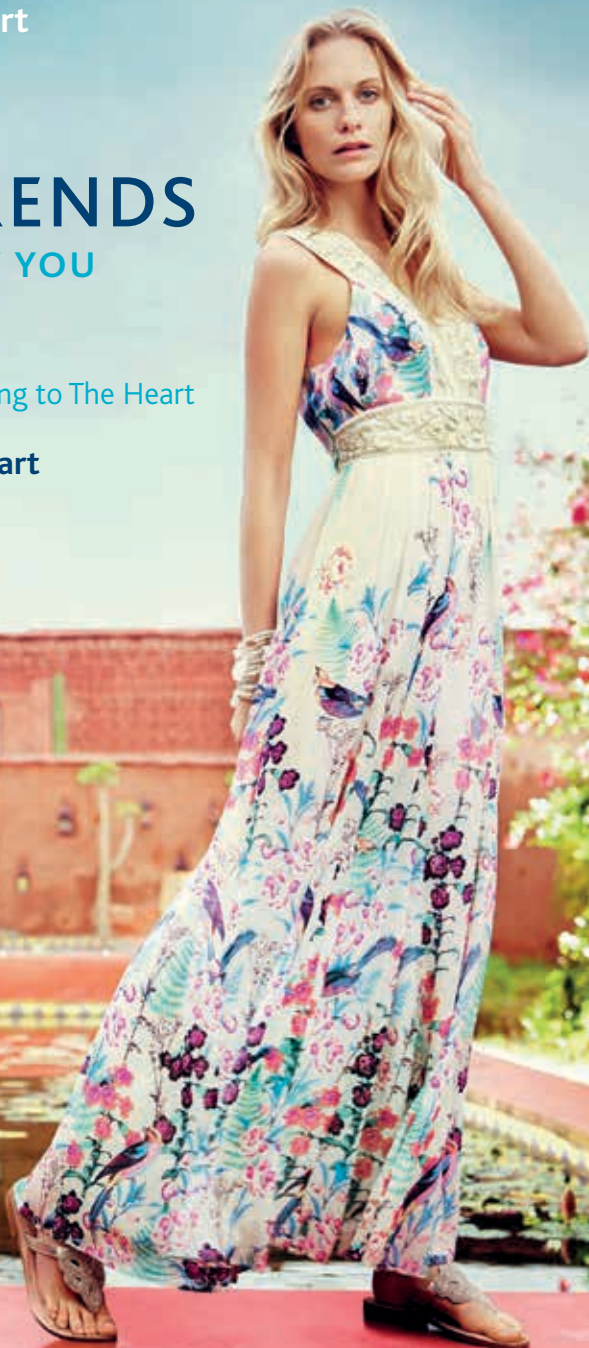
Foodies Rejoice!

A World Food Festival is coming to The Heart

Al fresco dining at The Heart

Ben and Holly visit

The Heart's Kids Club



the
heart

Walton-on-Thames

WORLD FOOD FESTIVAL

AT THE HEART
SHOPPING CENTRE,
WALTON-ON-THAMES

SATURDAY
30TH MAY 2015
9AM-6PM



See pages
8 and 9
for full
event details



CHEF DEMONSTRATIONS



FREE MASTERCLASSES



WALTON'S CAKE-OFF CONTEST



FREE KIDS' CLUB WORKSHOP



For more information and to book your free masterclass visit
www.heartshopping.co.uk/foodfestival2015

Cover image:
Monsoon

WHAT'S HAPPENING AT THE HEART?

Food Festival

30 May 2015

Enjoy a delightful day of delicious treats at World Food Festival at The Heart on Saturday 30th May. You'll discover over 40 speciality World Food stalls throughout the mall, plus live cooking demonstrations from the experts, food tasting a-plenty and competitions galore. From delectable cheeses, perfect pasta sauces and cheekily

moreish churros to a variety of Vietnamese dishes, gorgeous Greek delicacies, Turkish delights, captivating Caribbean cuisine and scrumptiously tempting cakes. You'll be sure to find something to tantalise even the most discerning palette. Don't miss our Kids' Club, Cake-Off competition, masterclasses and more!
(see pages 8 and 9)

Ben & Holly come to visit!

11 July 2015

Ben & Holly will be stopping by The Heart to say hello and read you some of their favourite stories. As part of The Heart's Kids Club, children will be able to meet Ben & Holly and book in for a narration session. (Priority for existing members).

For more information visit www.heartshopping.co.uk/kids-club

Click & Collect

23 stores within The Heart now offer a super convenient click-and-collect service allowing shoppers to try on their online purchases before taking them home. Whether you order in-store or online, items will be delivered to your chosen store with the option of returning or exchanging any unsuitable items there and then, completely fuss-free!

For more information, please visit: www.heartshopping.co.uk/click-and-collect



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Free Wifi

With Free Wifi now available throughout the Centre there's no need to rush home. Take your time, have a coffee and see what your friends are up to on facebook or instagram your new purchases! Perfect.

WOMEN'S TRENDS



Dark Wash Brooke Flare Jeans
River Island £42



Khaki Palazzo Trousers
River Island £35



Cameo Rose Black Stripe
Halter neck jumpsuit
New Look £19.99

River Island



THAT 70'S SHOW

A collection of flowing fabrics, fabulously free-spirited prints, devil-may-care flairs, sumptuous suede and fashion-forward fringing bring the 70's flavour to life once more this season, while towering platforms complete this laid-back look. Modern accents work together with hippie motifs to create a subtle, yet nostalgic nod to this iconic, fashion-fabulous decade.



Summer Blanket Poncho
Jigsaw £129



Suede Fringe Jacket
Jigsaw £395



H&M Loves Coachella Short Lace Top
H&M £14.99

Cream Crepe
Sleeveless Duster Coat
New Look £19.99



Flippy Skirt
Jigsaw £98



Pearl Pleat Bag
Jacques Vert £69

Lace Top
H&M
£14.99



WHITE OUT

White is the new black this summer season with cool and clinical, precision-cut tailoring, minimalist styling, simplistic accessories and sporty rucksacks, while sublime lace adds a new, more feminine twist to a neutral palette lovers' haven.



White Skinny Amelie Jeans
River Island £40



Crepe Ivory High Waist Trousers
Next £35



Pussy Bow Blouse
Jigsaw £129



Sophie Sporty Backpack
Accessorize £35

Jigsaw

Win a
£200 spend
See p 19

Click and collect

MONSOON

AVEDA™

CREW
CLOTHING Co
Est. 1993

Carluccios

FLOWER POWER

Florals are back! This season bigger is definitely better with bold, bright and beautiful, petal-filled prints breathing new life into this fashion favourite. Complement key pieces with understated accessories for a more minimal and modern feel.



H&M Love Coachella Long Dress
H&M £19.99



Black Floral Print Joggers
New Look £17.99



Blue Floral Print Smart Cigarette Pants
River Island £42



Hannah Printed Shift Dress
LK Bennett £195



Margot Kimono
Monsoon £59



Cocoon Cape
Jigsaw £89



Trollbeads Spring Charm Collection
Hersey Silversmiths and Jewellers starting at £25



Zebra Marina Sandal
Jigsaw £49



Hammered Bangles
Hersey Silversmiths and Jewellers
starting from £54.50



Sunflower Garland Crown
Claire's £7

SUMMER ESSENTIALS

Classic tote bags and statement sunglasses will always add that fabulous finishing touch to the perfect outfit; while ultra-glam floppy hats, gladiator sandals and printed beach bags will have you perfectly pool-side ready in an instant this summer.



Blue Beach Please Shopper Bag
New Look £15.99



4 x Friendship
Festival Bracelets
Accessorize £6



Gabor Style Eartha
Johnsons Shoes £69.99



Stone Stripe Floppy Hat
New Look £12.99



Beauty-Full Ikat Bikini Top
Triumph £47



Floral python print moccasin
Johnsons Shoes £89.99



Beauty-Full Ikat Bikini Bottoms
Triumph £25



Michael Kors Suglasses
Vision Express £80



Accessorize

Click and collect

WORLD FOOD FESTIVAL

A FESTIVAL OF EXOTIC CUISINE!

SATURDAY 30TH MAY 2015
9AM-6PM

Enjoy a day of delicious treats at World Food Festival at The Heart on Saturday 30th May. You'll find over 40 speciality world food stalls plus cooking demonstrations from the experts, food tasting a-plenty and competitions galore throughout the mall, all set to live Latino bands playing throughout the day.

Chef Demonstrations

Join us to see our celebrity chefs Great British Bake-off Series 4 Winner Glenn Cosby, Johnny Pustzai and Clover Hutson demonstrate a variety of techniques, skills and recipes from around the world to inspire and motivate you to try out something different in the kitchen.

Masterclasses

If you want to perfect your culinary skills and learn something new then pre-book a free masterclass with one of our expert chefs. There are even special mini-masterclasses for the kids. Simply visit the website to find out more and book your place!

Walton's Cake Off

Budding bakers will have the opportunity to go head-to-head and present their best-baked cake to Great British Bake-off Series 4 Winner Glenn Cosby, who will award Walton's best bakers. Originality is encouraged, and your cake will be judged on taste, presentation, skill, and, of course, creativity. Individuals are welcome to enter into our three age categories 4-11, 12-18, and 18+. Visit the website for more details on how to enter and prizeing.

Kids' Club

The Heart will be hosting another Kids' Club workshop from 11am-4pm, where your children can decorate cupcakes and biscuits with fabulous sweets and treats. It's free to join and new members will receive a bag full of toys and treats. Existing members will also get some great goodies – don't forget to bring your bag!

The Heart also has an exclusive competition for a luxury four day trip for two to Loch Awe in Scotland.' For more information visit www.theheartshopping.com/foodfestival2015



MEN'S TRENDS



Blue/Mint
Shorts
New Look
£19.99



Light Blue Smart Suit Trousers
New Look £19.99



T-Shirt
H&M £9.99

Polo shirt
Next £18

Bermuda Shorts
Crew Clothing
£50



Metallic
green mirror
sunglasses
New Look
£5.99

MINT CONDITION

Put your summer wardrobe straight into mint condition this season and keep your cool in an invigorating array of fresh, fun, pastel shades. Add a breath of fresh air to your summer staples – tees, vests, chinos and even your sunglasses – by embracing this chilled-out palette rich in minty greens and turquoise blues.

Mint Chino Shorts
Next £26



Green Vest
New Look £5.99



Bayswater shirt
Crew Clothing
£60

Win a
£200 spend
See p19



Rock Short
Crew Clothing £45

Palm print
beach shorts
H&M £26



Green Summer Knitted Jumper
New Look £14.99

Click and collect

Papurchase

CARGO
home maker

baby
GAP

Carluccios

H&M



Blue and White
Stripe Canvas
Plimsoll
H&M £14.99



Sebago Dockside
Johnsons Shoes £110



Sulley Ollie Navy Clarks £50



Buckland Shirt
Crew Clothing £55



Denim Jacket
New Look
£24.99



Signature Blue Ticking
Stripe Chino Shorts
Next £28



Blue and White
Striped T-Shirt
H&M £12.99

EARN YOUR STRIPES

Take inspiration from the perennial spring summer classic, the Breton T-Shirt, and truly earn your stripes this season. Make this definitive summer trend your own and explore this season's new slant on stripes – from striking navy and white tailored pieces to more casual, yet eye-catching, zig-zag style prints, now is the time to experiment with this timeless motif.



Black and White
Stripe Shorts
New Look
£22.99



Dip Dye Block
Stripe T-Shirt
Next £16



Printed T-Shirt
Next £13

Click and collect

KID'S TRENDS

MINI-ME GIRLS

Add the ultimate girly twist to this summer's key trends as girls' fashion pays homage to the season's catwalks, with yet more splashes of those fabulous florals, delicate, snowy white hues and just a hint of sensationally 70's inspired prints.



Lace Dress
H&M Kids £9.99



Patterned
Sweatshirt
H&M Kids £7.99



Girls Pink
Oversized Round
Sunglasses River
Island £6

Girls White Lace
Fitted Short Top
River Island £10



Patterned Skirt
H&M Kids £7.99



Girls White Clumpy Sandal
River Island £22



Blue denim
shirt dress
River Island
£18



Girls White Ripped Denim Shorts
River Island £12



Straw Hat
H&M Kids £5.99



Mia Set Top
Monsoon
£36

Mia Set Shorts
Monsoon £36



Halcy Coral
Canvas
Clarks £20



Click and collect



Short Sleeved
Baseball Top
H&M Kids
£7.99



T-Shirt with a Print
H&M Kids £5.99



Denim Tie Dye Shirt
Next £11



Boys Striped Short
Sleeve T Shirt
River Island £7.00

MINI-ME BOYS

For little boys who want to be just like their Dads, why not match up their wardrobe with the men's trends and pair fresh and cool minty-hued shorts with adorable striped t-shirts, creating the perfect summertime mini me.



Cotton Cap
with text
H&M Kids
£5.99



Twill Shorts
H&M Kids £5.99



Blue sunglasses
Next £6



Patterned Trainer
H&M Kids £7.99



Boys yellow Oxford
stripe short
Baby Gap £16.95

The Body Shop All in One Insta Blur £14:
This perfect primer blurs imperfections, giving
you flawless, picture-perfect, photo-ready skin.

BEAUTY TRENDS



L'Occitane Precious BB Cream £29:
This anti-ageing BB Cream is a
multi-functional way to perfect
and correct your complexion.



Benefit Dallas Blusher £23.50
(Available from Debenhams);
This perfect blend of blusher and
bronzer gives a beautiful natural
glow to any skin tone.



Barefaced

You don't have to
be blessed with picture-
perfect skin to replicate the
'no-makeup' make-up trend
set to be huge
this Spring.



Rituals Intensive
Moisturising Mask £14.50:
The key to flawless skin is
moisturising. This intensive
moisturising mask will give
any skin type a marvellous
moisture injection.

Win a
£200 spend
See p 19

The Body Shop

Woodstock Girls

The 70's is one of fashion's biggest inspirations for the spring/summer season so it makes sense that the era has a bespoke beauty moment, too.



L'Oréal Professionnel Techni Art Volume PLI Natural £14.99 (Available from Rush): A heat activated setting spray for creating gorgeously glamorous waves and curls.



Aveda Brilliant Humectant Pomade £19: This moisturising hair mask activates and maintains wonderful waves in textured, treated or dry hair.

ghd Curve Soft Curl Tong £110 (Available from Rush): Create big, bouncy, beautiful curls with the ghd Curve



Lancôme L'absolu Rouge collection £23.50 (Available from Debenhams): Lancôme reinterprets the symbol of eternal femininity with a new lipcolor that embodies absolute luxury.



The Body Shop Vitamin E Lip Care SPF 15 £4.00: Prep your lips for this look with this moisturising balm which soothes and protects lips.



Estée Lauder Pure Colour High Intensity Lip Lacquer collection £21.50 each (Available from Debenhams). These richly pigmented lip lacquer creates luscious, wet, brilliant colour



Return of the Red Lips

Every imaginable hue of red was present at the spring/summer 15 shows.

Clarins Lip Liner Pencil in Ruby £17 (Available from Debenhams): Whether you're shaping, lining or filling in the lip this beautiful berry shade serves all your perfect pout purposes.



RIVER ISLAND

L.K.Bennett

Carluccios

H&M

HEALTH & FITNESS

Why not freshen up your fitness threads by visiting Sweaty Betty? Their gorgeous range of gear in stylish patterns and luxury feel fabrics will certainly invigorate your workout wardrobe! Whether you're hitting the beach, a summer festival or you just want to show off your new body, Pure Gym is here to help. Gym Manager, Bradley Martin shares his top tips for getting the perfect beach ready bod!



STAY HYDRATED by drinking at least 2.5 litres of water a day.

BE AN EARLY BIRD and kick-start your metabolism with an early morning HIIT blast! Take advantage of Pure Gym being open 24/7 and fit in 30–40 minutes interval training before work.

LIFT! Don't be afraid of using the free-weights as this will increase your metabolic rate and fat burning making your body look lean and defined.

KEEP IT FRESH! Mix up your routine and alternate both your warm-up and main sessions every two weeks. Try one of our 50 free classes a week, or speak to a Personal Trainer about how to liven up your current regime.

STREEETCH! Stretching after a workout is essential and will help prevent muscle soreness and improve your performance. Why not try our power plates to increase your flexibility?

TRACK YOUR RESULTS. By logging your workouts and what you have achieved in each session you'll stay motivated and determined to challenge yourself next time around.



Bikram Yoga Shorts
Sweaty Betty £45



Sweat it Out Bra
Sweaty Betty
£40



Chaturanga Yoga Vest
Sweaty Betty £60

Wingprint Capri
Sweaty Betty £70

Sainsbury's

Carluccios

giraffe

wagamama

SUMMER HOME INSPIRATION

Whether you're bringing the outdoors in with cool, beside-the-seaside, nautical stripes, or big and bold statement colours, our spectacular selection of homeware stores showcase a range of imaginative ways to create your own in-home summer haven.



Windlight Jaro Cargo £10



Breton Stripe Cushion Next £16



Lustre Glass Table Lamp Next £25



Mah Jong Modular Sofa System Hand Upholstered in Missoni Home Fabric designed by Hans Hopfer - Roche Bobois



Knitted Pod Next £70



Buddha Sculpture Next £35



Illusia Vases, designed by Pia Wustenberg - Roche Bobois

Click and collect



Nando's

HOLLAND & BARRETT
we're good for you



AL FRESCO DINING AT THE HEART

Surely, one of summer's simplest joys is the chance to dine Al Fresco? Is there anything better than enjoying a culinary delight whilst soaking up the sights, sounds and, most importantly, the sunshine that the season brings? Here at The Heart we have an enticing range of restaurants with super, summer-friendly outdoor seating areas, so just because you're shopping in-centre, doesn't mean you can't still dine out!



MONSOON



rochebobois
PARIS

TREATS FOR YOU, AND YOUR PURSE

The team at The Heart have been very busy bees lately gathering a host of special offers so that you can truly treat yourself this summer. Check out this tantalisingly tasty selection. Offers are only available when the voucher is presented in-store.

WIN A £200 SHOPPING SPREE AT THE HEART

Fancy a £200 spend in your favourite stores to inject some Spring/Summer fashion into your wardrobe? Simply visit www.heartshopping.co.uk/springsummercomp and enter your details for your chance to win.

Terms and conditions apply, see website for details.



wagamama 

WAGAMAMA AND MASTERCARD LAUNCH QKR!

MasterCard have partnered with wagamama to bring restaurant customers a more convenient, quicker and fuss-free way to pay for their meals via an app on their phone.

The Qkr! app will offer the following benefits:

- **Convenience** - Customers are in control of how and when they pay. If in a hurry they can pay as soon as they wish or when dining with friends or colleagues they can split the bill and pay.
- **Simplicity** - The app is easy to download and customers can register with any payment card, not just a MasterCard.
- **Security** - MasterCard processes 65,000 secure transactions a minute. Customers can be reassured their transaction will be safe and secure.

Qkr! with MasterPass app is now available for wagamama diners to download from the App Store or Google Play.

GOURMET
BURGER
KITCHEN

THE HUNGER CONQUEROR

BURGER, SMALL FRIES, AND SOFT DRINK FOR £9.95

Terms and Conditions: Only valid after 5pm. Choice of Classic Beef/Cheddar Cheese/Classic Chicken/GBK Veggie, plus small fries chunky/skinny, and a soft drink Coke/Diet Coke/Sprite. Not valid with any other offer.

BUY ANY PANINI WITH A HOT OR COLD DRINK, AND GET A 2ND PANINI FOR FREE



Terms and Conditions: Valid from 17 May to 30 June, 2015. Not valid with any other offer. Not valid on Saturdays. To claim please present this voucher. Subject to availability.

Carluccio's

ENJOY A 2 COURSE MEAL FOR £10.95

Terms and Conditions: Visit Carluccio's Walton-on-Thames to see options for dishes. Add dessert for £3.50. Add a glass of Sicilian Sicani wine for £3.25. Not available in conjunction with any other offers.

ENJOY A FREE MUFFIN



WITH THE PURCHASE OF ANY REGULAR OR LARGE SIZED HOT DRINK

Terms and Conditions: Valid from 19th May - 13th June 2015. Valid Monday to Friday. Excludes bank holidays. Not valid for Gourmet Savoury muffins.

JIGSAW

HOLLAND & BARRETT
we're good for you



Nando's

IN THE HEART OF WALTON-ON-THAMES

Anna Franco	H&M	Pizza Express
Aveda	H&M Kids	Poundland
Baby GAP	Haute Collage	Pure Gym
Caffe Gusto	Hersey Jewellers	Rituals Cosmetics
Cargo	Hobbs	River Island
Carluccio's	Holland & Barrett	Roche Bobois
Carphone Warehouse	Jacques Vert	Rush
Claire's Accessories	Jigsaw	Sainsbury's
Clarks	Johnsons Shoes	Starbucks
Clintons	L. K. Bennett	Sweaty Betty
Costa Coffee	Laurel	The Body Shop
Courts Pharmacy	L'Occitane	The Fragrance Shop
Crew Clothing	Monsoon/Accessorize	Triumph
Debenhams	Muffin Break	Vision Express
EE	Nando's	Wagamama
Explore Learning	New Look	Walton Cameras
Flours	Next	Waterstones
Giraffe	Paperchase	Y-Tips
Gourmet Burger Kitchen	Party Buz	+ Public library

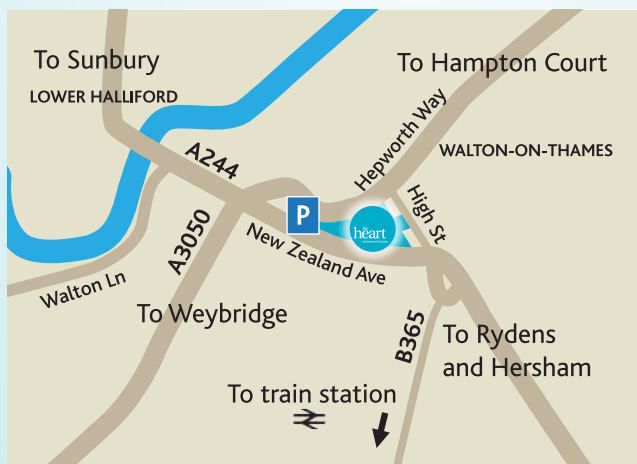
VISIT HEARTSHOPPING.CO.UK FOR GREAT OFFERS!



The Heart Shopping Centre
New Zealand Avenue
Walton-On-Thames
Surrey KT12 1GH



DISCLAIMER Prices correct at time of print, April 2015. Whilst every effort is made to ensure product featured is available, The Heart cannot guarantee all items will be in store at time of publishing. Please note that click & collect is available in the majority of stores in The Heart.



OPENING HOURS

Mondays – Saturdays 9.30am to 6pm
Sunday – 11am to 5pm

PARKING

Over 800 parking spaces
Park for up to 2 hours for only £1.50
Park all day on Sundays for £1